

# “Prevalence, Incidence, and Potential Risk Factors for Eating Disorders Among Young Adult Women in the General Population”



## **Dissertation**

*Submitted in partial fulfillment of the requirements for the award of Degree of  
Master of Arts (Home Science)  
2024*

**Under the supervision of: Dr. Priti Yadav**

**Submitted By:- KMRASHMI**

**Department of Home Science, Faculty of Arts  
J.S University  
Shikohabad, Firozabad  
U.P, India  
283135**

## **Declaration**

I, **Km Rashmi**, hereby declare that the dissertation entitled "**Prevalence, Incidence, and Potential Risk Factors for Eating Disorders Among Young Adult Women in the General Population**" submitted to **J.S University, Shikohabad**, is an original work conducted by me under the guidance of **Dr. Priti Yadav**. The information and data presented in this dissertation are true to the best of my knowledge and belief.

I also declare that this dissertation has not been submitted, either in part or full, for the award of any other degree or diploma to any other institution or university.

**Name:** Km Rashmi

**Roll Number/ID:** [224011304021]

## **Acknowledgment**

I would like to express my deepest gratitude to all those who contributed to the successful completion of my **M.A** dissertation work.

Firstly, I would like to thank **Dr. Priti Yadav** , my dissertation supervisor, for their invaluable guidance, support, and encouragement throughout the course of this work. Their insights and expertise were crucial in shaping the direction of this research.

I am also grateful to **J.S University, Department of Arts** for providing the necessary resources and a conducive environment for my studies. The support from the faculty and staff has been instrumental in the completion of this dissertation.

A special thanks to my colleagues and friends for their encouragement and for being a source of motivation during challenging times. Your advice and feedback have been greatly appreciated.

Lastly, I would like to thank my family for their unwavering support and belief in my abilities. Your love and patience have been my driving force throughout my academic journey.

This work is dedicated to everyone who has been a part of my academic and personal growth.

*Kim Rashmi*

Thank you.

### **Certificate of Completion**

This is to certify that **Km Rashmi** has successfully completed the **Dissertation on “Prevalence, Incidence, and Potential Risk Factors for Eating Disorders Among Young Adult Women in the General Population”** conducted by Department of Home Science.

This dissertation was conducted under the guidance of **Dr. Priti Yadav** and demonstrates a significant contribution to the field of **Home science**.

---

*Priti Yadav*  
[Supervisor's Signature]  
[Date] 17/05/2024

# “An In-depth Study on the Awareness and Understanding of Health and Hygiene Practices Among the General Population: Assessing Knowledge, Attitudes, and Behavioral Patterns”



**Dissertation**

*Submitted in partial fulfillment of the requirements for the award of Degree of  
Master of Arts (Home Science)  
2024*

**Under the supervision of: Dr. Priti Yadav**

**Submitted By:- KM POOJA**

**Department of Home Science, Faculty of Arts  
J.S University  
Shikohabad, Firozabad  
U.P, India  
283135**

**Declaration**

I, **Km Pooja**, hereby declare that the dissertation entitled "**An In-depth Study on the Awareness and Understanding of Health and Hygiene Practices Among the General Population: Assessing Knowledge, Attitudes, and Behavioral Patterns**" submitted to **J.S University, Shikohabad**, is an original work conducted by me under the guidance of **Dr. Priti Yadav**. The information and data presented in this dissertation are true to the best of my knowledge and belief.

I also declare that this dissertation has not been submitted, either in part or full, for the award of any other degree or diploma to any other institution or university.

**Name:** Km Pooja

**Roll Number/ID:** [224011304010]

## **Acknowledgment**

I would like to express my deepest gratitude to all those who contributed to the successful completion of my **M.A** dissertation work.

Firstly, I would like to thank **Dr. Priti Yadav** , my dissertation supervisor, for their invaluable guidance, support, and encouragement throughout the course of this work. Their insights and expertise were crucial in shaping the direction of this research.

I am also grateful to **J.S University, Department of Arts** for providing the necessary resources and a conducive environment for my studies. The support from the faculty and staff has been instrumental in the completion of this dissertation.

A special thanks to my colleagues and friends for their encouragement and for being a source of motivation during challenging times. Your advice and feedback have been greatly appreciated.

Lastly, I would like to thank my family for their unwavering support and belief in my abilities. Your love and patience have been my driving force throughout my academic journey.

This work is dedicated to everyone who has been a part of my academic and personal growth.

***Km Pooja***

Thank you.

### **Certificate of Completion**

This is to certify that **Km Pooja** has successfully completed the **Dissertation on “An In-depth Study on the Awareness and Understanding of Health and Hygiene Practices Among the General Population: Assessing Knowledge, Attitudes, and Behavioral Patterns”** conducted by Department of Home Science.

This dissertation was conducted under the guidance of **Dr. Priti Yadav** and demonstrates a significant contribution to the field of **Home science**.

---

*Priti Yadav*

[Supervisor's Signature]

[Date] 19/05/2024



# “An Evaluation of Mother's Knowledge and Awareness Regarding Their Children's Vaccination: Understanding Perceptions and Practices”



## **Dissertation**

*Submitted in partial fulfillment of the requirements for the award of Degree of  
Master of Arts (Home Science)  
2024*

**Under the supervision of: Dr. Priti Yadav**

**Submitted By:- KM MAMATA**

**Department of Home Science, Faculty of Arts  
J.S University  
Shikohabad, Firozabad  
U.P, India  
283135**

**Declaration**

I, Km Mamata , hereby declare that the dissertation entitled "**An Evaluation of Mothers' Knowledge and Awareness Regarding Their Children's Vaccination: Understanding Perceptions and Practices**" submitted to **J.S University, Shikohabad**, is an original work conducted by me under the guidance of **Dr. Priti Yadav**. The information and data presented in this dissertation are true to the best of my knowledge and belief.

I also declare that this dissertation has not been submitted, either in part or full, for the award of any other degree or diploma to any other institution or university.

**Name:** Km Mamata

**Roll Number/ID:** [224011304008]

## **Acknowledgment**

I would like to express my deepest gratitude to all those who contributed to the successful completion of my **M.A** dissertation work.

Firstly, I would like to thank **Dr. Priti Yadav** , my dissertation supervisor, for their invaluable guidance, support, and encouragement throughout the course of this work. Their insights and expertise were crucial in shaping the direction of this research.

I am also grateful to **J.S University, Department of Arts** for providing the necessary resources and a conducive environment for my studies. The support from the faculty and staff has been instrumental in the completion of this dissertation.

A special thanks to my colleagues and friends for their encouragement and for being a source of motivation during challenging times. Your advice and feedback have been greatly appreciated.

Lastly, I would like to thank my family for their unwavering support and belief in my abilities. Your love and patience have been my driving force throughout my academic journey.

This work is dedicated to everyone who has been a part of my academic and personal growth.

***Km Mamata***

Thank you.

### **Certificate of Completion**

This is to certify that **Km Mamata** has successfully completed the **Dissertation on “An Evaluation of Mothers' Knowledge and Awareness Regarding Their Children's Vaccination: Understanding Perceptions and Practices”** conducted by Department of Home Science.

This dissertation was conducted under the guidance of **Dr. Priti Yadav** and demonstrates a significant contribution to the field of **Home science**.

---

*Priti Yadav*

[Supervisor's Signature]

[Date] 21/05/2024

# “A Study on Smartphone Addiction Among College Students: Examining Prevalence, Behavioral Patterns, and Contributing Factors”



## **Dissertation**

*Submitted in partial fulfillment of the requirements for the award of Degree of  
Master of Arts (Home Science)  
2024*

**Under the supervision of: Dr. Priti Yadav**

**Submitted By:- PRITI KUMARI**

**Department of Home Science, Faculty of Arts  
J.S University  
Shikohabad, Firozabad  
U.P, India  
283135**

**Declaration**

I, **Priti Kumari**, hereby declare that the dissertation entitled "**A Study on Smartphone Addiction Among College Students: Examining Prevalence, Behavioral Patterns, and Contributing Factors**" submitted to **J.S University, Shikohabad**, is an original work conducted by me under the guidance of **Dr. Priti Yadav**. The information and data presented in this dissertation are true to the best of my knowledge and belief.

I also declare that this dissertation has not been submitted, either in part or full, for the award of any other degree or diploma to any other institution or university.

**Name:** Priti Kumari

**Roll Number/ID:** [224011304015]

## **Acknowledgment**

I would like to express my deepest gratitude to all those who contributed to the successful completion of my **M.A** dissertation work.

Firstly, I would like to thank **Dr. Priti Yadav** , my dissertation supervisor, for their invaluable guidance, support, and encouragement throughout the course of this work. Their insights and expertise were crucial in shaping the direction of this research.

I am also grateful to **J.S University, Department of Arts** for providing the necessary resources and a conducive environment for my studies. The support from the faculty and staff has been instrumental in the completion of this dissertation.

A special thanks to my colleagues and friends for their encouragement and for being a source of motivation during challenging times. Your advice and feedback have been greatly appreciated.

Lastly, I would like to thank my family for their unwavering support and belief in my abilities. Your love and patience have been my driving force throughout my academic journey.

This work is dedicated to everyone who has been a part of my academic and personal growth.

***Priti Kumari***

Thank you.

### **Certificate of Completion**

This is to certify that **Priti Kumari** has successfully completed the **Dissertation on “A Study on Smartphone Addiction Among College Students: Examining Prevalence, Behavioral Patterns, and Contributing Factors”** conducted by Department of Home Science.

This dissertation was conducted under the guidance of **Dr. Priti Yadav** and demonstrates a significant contribution to the field of **Home science**.

---

*Priti Yadav*

[Supervisor's Signature]

[Date] 06/06/2024



# “Exploring the Role of Family Support in Stress Management Among College Students”

“A study examining the role of family relationships and support systems in helping college students cope with academic and personal stress.”



## Dissertation

*Submitted in partial fulfillment of the requirements for the award of Degree of  
Master of Arts (Home Science)  
2024*

Under the supervision of: Dr. Priti Yadav

Submitted By:- VANDNA

Department of Home Science, Faculty of Arts  
J.S University  
Shikohabad, Firozabad  
U.P, India  
283135

**Declaration**

I, **Vandna**, hereby declare that the dissertation entitled "**Exploring the Role of Family Support in Stress Management Among College Students- A study examining the role of family relationships and support systems in helping college students cope with academic and personal stress**" submitted to **J.S University, Shikohabad**, is an original work conducted by me under the guidance of **Dr. Priti Yadav**. The information and data presented in this dissertation are true to the best of my knowledge and belief.

I also declare that this dissertation has not been submitted, either in part or full, for the award of any other degree or diploma to any other institution or university.

**Name:** Vandna

**Roll Number/ID:** [224011304019]

## **Acknowledgment**

I would like to express my deepest gratitude to all those who contributed to the successful completion of my **M.A** dissertation work.

Firstly, I would like to thank **Dr. Priti Yadav** , my dissertation supervisor, for their invaluable guidance, support, and encouragement throughout the course of this work. Their insights and expertise were crucial in shaping the direction of this research.

I am also grateful to **J.S University, Department of Arts** for providing the necessary resources and a conducive environment for my studies. The support from the faculty and staff has been instrumental in the completion of this dissertation.

A special thanks to my colleagues and friends for their encouragement and for being a source of motivation during challenging times. Your advice and feedback have been greatly appreciated.

Lastly, I would like to thank my family for their unwavering support and belief in my abilities. Your love and patience have been my driving force throughout my academic journey.

This work is dedicated to everyone who has been a part of my academic and personal growth.

***Vandna***

Thank you.

### **Certificate of Completion**

This is to certify that **Vandna** has successfully completed the **Dissertation on “Exploring the Role of Family Support in Stress Management Among College Students- A study examining the role of family relationships and support systems in helping college students cope with academic and personal stress”** conducted by Department of Home Science.

This dissertation was conducted under the guidance of **Dr. Priti Yadav** and demonstrates a significant contribution to the field of **Home science**.

---

*Priti Yadav*  
[Supervisor's Signature]  
[Date]